

Find a Mediator



Mediation

Mediation is an alternative dispute resolution (ADR) process in which a trained neutral mediator facilitates communication between the parties. Without deciding the issues or imposing a solution on the parties, a mediator enables them to understand and reach a mutually agreeable resolution to their dispute. It helps the parties understand and identify their needs, overlapping interests and any areas of agreement.

In Virginia using a mediation process is voluntary. The mediation process is confidential and used in many proceedings.

Courts in Virginia offer a variety of [dispute resolution services](#). Some of these services may be available at no cost. The Judicial Services Department of the state court administrator's office [hosts a general directory](#) of private providers. They also offer a link to [Resolution Virginia](#). Your [local court](#) or [local law library](#) may offer

more information about mediators in your area.

Last updated on June 14, 2022.

How helpful do you find the information on this page?

- ☐ Not helpful
- ☐ Somewhat helpful
- ☐ Very helpful

Save

Please tell us why this page wasn't helpful

- ☐ N/A
- ☐ Not related to my issue
- ☐ Not enough information
- ☐ Unclear information

Comment

[About text formats](#)

Plain text

- No HTML tags allowed.
- Lines and paragraphs break automatically.
- Web page addresses and email addresses turn into links automatically.

Save

Print

Table of Contents